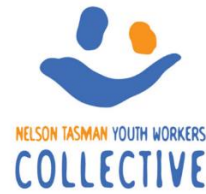




**West Coast Youth Worker's Network**  
Supporting People Working With Young People



The above along with Youth Work Networks from Marlborough, South Canterbury and Southland are working together to bring you..

# South Island Youth Workers Hui

## May 5th – May 8th

### Programme

#### Tuesday May 5th

<b>4pm</b>	<b>Pōwhiri/Mihi Whakatau</b> Formal welcome and opening of the 2015 South Island Youth Workers Hui
<b>5.30pm</b>	<b>Dinner together</b>
<b>6.30pm</b>	<i>Free time</i>
<b>7.00pm</b>	<b>Evening activities</b> including: <ul style="list-style-type: none"> <li>• What to expect from the hui</li> <li>• Whakawhanaungatanga – getting to know each other</li> <li>• Team building and getting comfortable with each other</li> </ul>

#### **Pōwhiri/Mihi Whakatau**

**Tuesday May 5th: 4pm – 5pm**

We will start with a formal welcome, either a pōwhiri or a mihi whakatau (still to be confirmed). It's important that everyone arrives on time as this marks the beginning of our hui.

#### **Whakawhanaungatanga – getting to know each other and our hui**

**Tuesday May 5th: 7.00pm – 9.00pm**

After some time from dinner and to set up rooms and explore a little, we'll come back together for the evening as a chance to get to know each other and hear a bit more about what we'll be doing over the hui.

## Wednesday May 6th

<b>7am – 8am</b>	Breakfast
<b>8am – 8.30am</b>	<i>Free time</i>
<b>8.30am – 9.30am</b>	<b>Network Success</b> Hear from the Canterbury and West Coast networks about cool things they're doing
<b>9.30am – 12.30pm</b>	<b>Pathways to Professionalism</b> Full group discussion and workshop on how Youth Work could be professionalised in years to come, and what you would like to see.
<b>12.30pm onwards</b>	<b>Bicultural Afternoon</b> Details of this to be confirmed but likely to include visiting historical sites of significance, Māori games and bicultural workshops. This could be off site.

### Pathways to Professionalism

**Wednesday May 6th: 9.30 – 12.30pm**

**Facilitated by John Harrington; Sousa Jefferson and others**

Some background on Ara Taiohi's Pathways to Professionalism project and the work that is being done. This will be followed up by discussion groups with the purpose of hearing the voices from South Island Youth Workers around the following topics:

- Code of Ethics – Training the Trainers
- Developing our Qualifications
- Professional Association

This will be followed by a conversation about how Youth Work is funded; what works and what doesn't? What is our collective option on this, and what would we like to see happen?

### Bicultural Afternoon

**Wednesday May 6th: 12.15pm – 5.30pm**

**Facilitator by the Education Committee of Tuahiwi Marae**

**Location: Tuahiwi Marae, Kaipaoi**

The Education Committee at Tuahiwi Marae have put together a programme that looks at tikanga and protocols, history of Ngai Tahu, group work and waiata. This afternoon of learning will begin with a pōwhiri onto the (flash) marae and kai shared together. We will finish up with a proporoake and return to Blue Skies for dinner.

## Thursday May 7th

7am – 8am	Breakfast		
8am – 8.30am	Free time		
8.30am – 9.30am	<b>Network Successes</b> Hear from the Nelson/Tasman and Central Lakes networks about cool things they're doing		
9.30 – 11.20	<b>From Resistance to Resilience (R2R)</b> Dave Green; Youthtown	<b>Anxiety, Depression &amp; Self Harm</b> Sue Bagshaw and Micheal Hempseed; Korowai Youth Trust	<b>Youth Engagement</b> Rod Baxter
11.20 – 11.40	Morning Tea		
11.40 – 1pm	<b>R2R cont.</b>	<b>The Vulnerable Childrens Act</b> NZ Police	
1pm – 2pm	Lunch		
2pm – 2.30pm	<b>R2R cont.</b>	<b>Adventure Based Learning; Adventure Specialties</b>	
2.30pm – 3.50pm		<b>Queer Youth, who are they? and why is it relevant to my work?</b> Anne Nicholson; Q'Topia	
3.50pm – 4.10pm	Afternoon tea		
4.10pm – 5.30pm	<b>R2R cont.</b>	<b>Big Picture Youth Work</b> Rod Baxter; Wellington BGI	
5.30pm – 6.30pm	Free time		
6.30pm onwards	<b>Dinner &amp; Pōwhakangahau</b> Dinner and fun together! More details will be given on day 1.		

### From Resistance to Resilience (R2R)

**Thursday May 7th: 9.30 – 5.30pm Full Day Workshop**

**Dave Green; Youthtown**

*How to strengthen Mastery, Independence, Generosity and Belonging with resistant Youth*

This workshop will give you the opportunity to look further at what drives resistance in Young People and how it can be “turned” into resilience.

The workshop style is an interactive blend of information giving, small group work, individual reflection, skills practice and fun that will build on to your existing skills and experience.

Topics covered will include;

- Circle of Courage Youth Development Principles
- Adolescent development
- Learning Styles
- Effective Listening skills
- Support
- MEET Model of Youth Engagement

#### **Dave Green**

Dave describes often “working with Young People who don’t want to work with me”. Over time he has integrated a range of ideas and strategies to quickly engage Young people.

Dave is an experienced trainer who believes training is a partnership, needs to be relevant and we learn best when we are relaxed and having fun. Currently Dave is the National Youth Development Manager for Youthtown who have recently integrated the Circle of Courage resilience principles as the Organisations values and core model of delivery. After 30 years Dave still loves working with Young People and is passionate about supporting Youth Workers and the development of Youthwork in Aotearoa.

---

### **Anxiety, Depression & Self Harm**

**Thursday May 7th : 9.30 – 11.20am**

**Sue Bagshaw and Michael Hempseed; Korowai Youth Trust**

People deliberately self harm for many reasons.

Come to this workshop and you will learn

- What is self harm and why do people do it
- Common myths and misconceptions will be answered
- What is the best way to help someone who self harms
- Exactly where you can find help
- What is the link with anxiety and depression

---

### **Youth Engagement**

**Thursday May 7th: 9.30 – 11.20am**

**Rod Baxter; Wellington Boys and Girls Institute**

Come play with some toys! - and then work out why. This interactive workshop will fuse ABL and Youth Participation frameworks to find fresh perspectives on familiar practices. Often, when we ask young people why they're involved in something, they'll reply with "fun, friends, food" and then maybe something that we think is "more substantial". How can we ensure that every element of our programmes include an intentional engagement edge? We'll explore the concepts of meaning, control and connectedness in an applicable sense. You'll take away some cool research links and maybe a new game or two. And you may have an urge to visit the toy store.

---

### **The Vulnerable Childrens Act**

**Thursday May 7th: 11.40 – 1pm**

**NZ Police**

On 1st July 2014 the Vulnerable Children Act was passed into law, becoming the most significant change to child protection in New Zealand since the Children Young Persons and their Families Act, 1989.

The Vulnerable Children Act 2014 and the supporting Children's Action Plan provide a solid platform of accountability and monitoring never before seen in child welfare. Many of the 30 specific initiatives that will support protecting children in New Zealand reflect the importance of providing a safe and competent children's workforce - something Child Matters has long advocated for. This includes;

- A focus on working together, as Chief Executives of the Ministries of Education, Health, Justice, Social Development and NZ Police become jointly accountable for achieving results for the vulnerable children
- New obligations for vetting and screening processes for paid and unpaid staff working with children
- Requirements for all agencies working with children to have policies and reporting systems in place to recognise and report child abuse and neglect
- The Children's Action Plan has also highlighted the need for legislation requiring frontline people who work with children to be trained to recognise the signs of child abuse.

Developed on the fundamental belief that no single agency alone can protect children, the Act heralds a new era and redefines what it means to work together to improve outcomes for vulnerable children.

---

**Adventure Based Learning (ABL)****Thursday May 7th: 2.00 – 2.30pm****Facilitator tbc**

Designed to both give us some movement after lunch but also to teach you an activity you can do with your young people.

---

**Queer Youth, who are they? and why is it relevant to my work?****Thursday May 7<sup>th</sup>: 2.30 – 3.50pm****Anne Nicholson; Q'Topia**

Overview: Every youth organisation has queer youth involved at some level, how well is yours meeting their needs? This interactive talk will look at gender and sexuality diversity, how to ensure you are creating a queer friendly environment and the latest indicators for queer youth development.

---

**Big Picture Youth Work****Thursday May 7th: 4.10 – 5.30pm****Rod Baxter; Wellington Boys and Girls Institute**

If you had a beautiful painting you wanted to display in your house, you might want to get it framed. Now imagine your work as an artwork. What's the frame around it? And how does the frame influence the artwork? Using the YDSA as our starting point, and then considering our current times, we'll philosophically reflect on major societal and system forces that shape the daily interactions we have with young people. Where's Te Tiriti o Waitangi in your work today? What beliefs and values direct how you speak to youth? Will you eat McDonald's this afternoon when you're mentoring? Do you use Instagram to post photos of your youth group? We'll ask big questions and hopefully find one or two small answers.

---

**Dinner and Pōwhakangahau****Thursday May 7ths: 6pm til late**

This will be a chance for us to unwind together. Will be full of fun, laughter and probably music! More details will be given at the opening of our hui.

## Friday May 8th

7am – 8am	<b>Breakfast</b>		
8am – 8.30am	<b>Free time</b>		
8.30am – 9.30am	<b>Network Successes</b> Hear from the Nelson/Tasman and Central Lakes networks about cool things they're doing		
9.30 – 10.30	<b>Advanced Ethics</b> Rod Baxter: BGI	<b>Effective Career Conversations</b> Lynnette & Jan; Careers NZ	<b>Eating Disorders (tbc)</b> Susan Marshall & Sue Bagshaw: Korowai Youth Trust
10.30 – 10.45	<b>Morning tea</b>		
10.45 – 11.30	<b>Advanced Ethics cont.</b>	<b>Self Care for Youth Workers</b> Shelley Taylor: Buller REAP	<b>Eating Disorders cont.</b>
11.30 – 12.30	<b>Where to from here?</b> Facilitated by Sousa Jefferson; Central Lakes Regional Youth Trust		
12.30 – 1.30	<b>Lunch &amp; pack up/clean up</b>		
1.30 – 2.30	<b>Poroporoake</b>		

### Advanced Ethics

Friday May 8th: 9.30 – 11.30am

Rod Baxter; Wellington Boys and Girls Institute

So you've got the Code of Ethics, you've read most of it and it's sitting on your shelf. Now what? Sam's mum is txtng you a lot. Ashley turns up on your doorstep at 11pm. Your niece is selling drugs to young people you work with. This workshop raises some curly questions to hopefully extend your ethical sensitivity and strengthen your ethical decision making muscles! We'll explore an ethical decision making formula you can apply to real-life situations and continue to consider in supervision. This workshop may be confronting and will be a safe and confidential space intended for learning. Please bring your own copy of the Code of Ethics 2<sup>nd</sup> Edition and any other ethics resources you love.

### Effective Career Conversations with Young People

Friday May 8th: 9.30 – 10.30am

Lynnette Morgan & Jan Carter; Careers New Zealand

We totally appreciate the importance of grabbing the 'moments' in time when a young person wants to talk about their possible futures and we will impart some strategies/approaches that would offer the most user friendly way of doing this. We will back this up by making sure everyone is aware of where to find the information to support any such discussion. We also have a few facts and figures that support the importance of a youth worker in the career decision making of a young person.

The session will be a mix of information and activities including a chance to practice some of the ideas put in front of you.

### Eating Disorders

Friday May 8th: 9.30 – 11.30am

Susan Marshall & Sue Bagshaw; Korowai Youth Trust

There is a growing awareness that eating disorders are becoming a major problem for many young people and adults.

This workshop will equip you with...

- Understanding the different kinds of eating disorders. -What can be done to help someone with an eating disorder? -Where can you find help?
- Hear stories of people who have had/do have an eating disorder.

---

### **Self Care for Youth Workers**

**Friday May 8th: 10.40 – 11.30pm**

**Shelley Taylor; Buller REAP Inc Soc**

Look at principles for living a fulfilling life- GISIT model; Instant exercises and acupuncture points to boost mental alertness and move from states of negativity and lethargy; Ways to overcome blocks and obstacles; Understanding how our subconscious mind supports us; Cultivating Great Natural peace; Turtle massage exercise; Guided meditation.

**Shelley Taylor Bio;** Been a youth worker for a very long time! (Since I was a Youth) Started as outdoor recreation tutor, moved into young mums work, then peer health team facilitator, West Coast Youth Workers Collective Chair and lately, more individual youth support and assessor for Certificate in Youth Work. Love group work and being part of a team.

---

### **Where to From Here?**

**Friday May 8th: 11.30 – 12.30pm**

**Facilitated by Sousa Jefferson; Central Lakes Regional Youth Trust**

By now we will have gotten to know each other well and attended a number of workshops. We have also had our chance to put together thoughts on our collective view of the direction of Youth Work. So where to from here? Sousa will facilitate us to figure out how we want to move forward after the hui.

---

### **Poroporoake**

**Friday May 8th: 1.30 – 2.30pm**

Bringing the hui to an end in a safe and respectful way, acknowledging all that has happened in the days before, and any plans we may have formulated going forward.